

healthmatters is a complementary health centre located within the busy business district of Hanley City Centre

Based in a beautifully restored Victorian building that retains its original features, Health Matters offers six peaceful, spacious rooms, furnished or unfurnished, for rental to qualified and insured professionals in the field of complementary medicine.



Ergonomically designed

The building features an air-conditioned, staffed reception facility, made available to practitioners during normal working hours, with french doors leading onto a paved courtyard and a well-equipped fitted kitchen. Parking facilities are available immediately outside the building and in a nearby car park.

Intelligently fitted

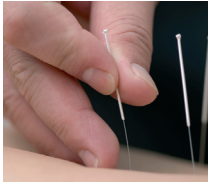
There are male, female and disabled toilet facilities as well as a baby changing area. All rooms benefit from Wi-Fi broadband access and telephone system.

The business district will benefit from an extensive regeneration programme designed to attract new businesses and Health Matters is perfectly placed on Victoria Square to appeal to this vibrant new community. With excellent facilities and a supportive atmosphere, Health Matters is a chance for committed practitioners and therapists to become a part of a welcoming, positive health-care environment.

Rooms are available for individual sessions or longer terms at competitive rates.

Please call 01782 212422

for further information on Health Matters.



CURRENTLY AVAILABLE AT HEALTH MATTERS:



homeopathy with Nicola Holdcroft RSHom

Homeopathy is a holistic system of medicine suitable for everyone, young and old. Homeopaths understand that mind and body function together as one interconnected whole, whereas modern western medicine can view the parts of the body as separate entities each with their own diseases.

During a homeopathic consultation full details of your medical history will be taken

by the homeopath along with details of any current complaints and how it is for you to experience them.

After carefully analysing your case your homeopath will then give you a homeopathic remedy to take, this will either be a tablet or liquid drops.

hypnotherapy with Dave Wooley RGN, RMN, D.HYP

Hypnotherapy means the use of hypnosis for the treatment and relief of a variety of somatic and psychological problems.

In particular Hypnosis has been successful in helping many people break unwanted habits such as smoking, drug and alcohol abuse.

Hypnosis has helped individuals free themselves from phobias, compulsions and is an effective tool to aid weight control.

psychotherapy & counselling with Jane Taylor MBACP

If you seek counselling it will be recognised that you have some sort of difficulty in your life. This could relate to your past, present or future.

Any unhappiness in life can be addressed by a competent qualified counsellor.

The counselling relationship is based upon mutual trust, confidentiality and respect for each other. The client can feel safe, able to discuss frankly and thoroughly, all personal issues. The objective is for the client to grow away from their distress and change their personal life for the better. The counsellor would hope to work towards a change within 8 sessions.

The client is assured that their difficulties will remain totally confidential.

